

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				
*All menus Subject To Change				
<p>6-Mar</p> <p>Pork Loin w/ Gravy 1/2c. Scalloped Potatoes 1/2c. Sweet Peas &amp; Onions Dinner Roll Fresh Seasonal Fruit</p>	<p>7-Mar</p> <p>Italian Meatball Hoagie w/ Sauce &amp; Cheese 1/2c. Seasoned New Potatoes 1/2c. Mixed Bean Medley Hoagie Bun 1/2c. Pineapple Tidbits</p>	<p><i>Ash Wednesday 1-Mar</i></p> <p>Baked Crab Cake 1/2c. Cheesy Noodles 1/2c. Italian Vegetable Medley Whole Wheat Bread 1/2c. Sliced Peaches</p>	<p>2-Mar</p> <p>Hot Dog 1/2c. Whipped Potatoes 1/2c. Sauerkraut Hot Dog Bun Chocolate Brownie</p>	<p>3-Mar</p> <p>Baked Tuna Patty w/Dill Sauce 1/2c. Wild Rice 1/2 c. Sweet Peas Whole Wheat Bread Fresh Seasonal Fruit</p>
<p>6-Mar</p> <p>Pork Loin w/ Gravy 1/2c. Scalloped Potatoes 1/2c. Sweet Peas &amp; Onions Dinner Roll Fresh Seasonal Fruit</p>	<p>7-Mar</p> <p>Italian Meatball Hoagie w/ Sauce &amp; Cheese 1/2c. Seasoned New Potatoes 1/2c. Mixed Bean Medley Hoagie Bun 1/2c. Pineapple Tidbits</p>	<p><i>8-Mar</i></p> <p>Stuffed Cabbage Roll w/ Tomato Sauce 1/2c. Whipped Potatoes 1/2c. Yellow Beans Whole Wheat Bread 1/2c. Vanilla Pudding</p>	<p>9-Mar</p> <p>Chef Salad (ham, turkey, egg &amp; cheese) 1c. Mixed Greens w/ Tomato 1c. Noodle Soup w/ Crackers Whole Wheat Bread 1/2c. Sliced Peaches</p>	<p>10-Mar</p> <p>Potato Crusted Fish 1/2c. Macaroni &amp; Cheese 1/2c. Stewed Tomatoes Whole Wheat Bread Fresh Seasonal Fruit  (tartar sauce)</p>
<p>13-Mar</p> <p>Baked Ham Slice w/fruit sauce 1/2c. Orange Kissed Mashed Sweet Potatoes 1/2c. Brussel Sprouts Whole Wheat Bread 1/2c. Vanilla Ice Cream</p>	<p>14-Mar</p> <p>BBQ Chicken Breast 1/2c. Seasoned Redskin Potatoes 1/2c. Country Vegetable Blend Corn Drop Biscuit Fresh Baked Cookie</p>	<p><i>March Birthday's 15-Mar</i></p> <p>Corned Beef w/Cabbage 1/2c. Mashed Potatoes 1/2c. Green Beans Dinner Roll  <i>Birthday Cake &amp; Ice Cream</i></p>	<p>16-Mar</p> <p>Turkey &amp; Swiss Sandwich 1/4c. Lettuce, 1 Slice Tomato 1c. Cheesy Broccoli Soup 2 Whole Wheat Bread Fresh Seasonal Fruit</p>	<p><i>Happy St. Patrick's Day 17-Mar</i></p> <p>Breaded Lemon Pepper Pollock 1/2c. Parsley Potatoes 1/2c. Garden Salad w/ Tomato Dinner Roll 1/2c. Peach Crisp</p>
<p>20-Mar</p> <p>Meatloaf w/ Gravy 1/2c. Whipped Potatoes 1/2c. Italian Beans Whole Wheat Bread 1/2c. Banana Pudding Fluff</p>	<p>21-Mar</p> <p>Ham &amp; Scalloped Potato Casserole 1/2c. Braised Cabbage 1/2c. Coin Carrots Dinner Roll 1/2c. Strawberry Ice Cream</p>	<p>22-Mar</p> <p>BBQ Pulled Pork 1/2c. Southwest Rice &amp; Black Beans 1/2c. Fresh Coleslaw Sandwich Roll Fresh Seasonal Fruit</p>	<p>23-Mar</p> <p>Grilled Chicken Caesar Salad (3oz. Chicken &amp; parmesan) 1c. Mixed Greens w/ Tomato 1c. Navy Bean Soup w/ Crackers Italian Bread 1/2c. Diced Pears</p>	<p>24-Mar</p> <p>Baked Vegetable Lasagna w/ Parmesan Cream Sauce 1c. Mixed Greens w/ Tomato Carrots, Onions, Cabbage Garlic Bread Stick 1/2c. Sliced Apples</p>
<p>27-Mar</p> <p>Roast Turkey &amp; Gravy 1/2c. Homemade Stuffing 1/2c. Baby Carrots Wheat Bread 1/2c. Applesauce</p>	<p>28-Mar</p> <p>Penne Pasta w/Meatballs 3/4c. Pasta w/ Sauce 1c. Mixed Greens w/ Tomato Cukes, Carrots, Cabbage Italian Bread 1/2c. Sliced Peaches (parmesan cheese)</p>	<p>29-Mar</p> <p>Open Face Roast Beef Sandwich w/ Gravy 1/2c. Whipped Potatoes 1/2c. Sweet Peas &amp; Carrots Whole Wheat Bread Fresh Baked Cookie</p>	<p>30-Mar</p> <p>Cheeseburger 1/4c. Lettuce 1 Slice Tomato 1/2c. Oven Brown Potatoes 1/2c. Fresh Coleslaw Sandwich Roll Fresh Seasonal Fruit</p>	<p>31-Mar</p> <p>Baked Pollock w/ Dill Sauce 1/2c. Wild Rice 1/2c. Harvard Beets Dinner Roll 1/2c. Mixed Fruit Salad</p>

Call for reservations by 3pm Tuesday for the ENITRE following week 610-444-4819

For 60+ the Meal cost is a voluntary, confidential contribution of \$2.00

For under 60 the Meal cost is \$4.89

PLEASE BE AWARE MENU IS SUBJECT TO CHANGE WITHOUT NOTICE

Rover Transportation Available

\* All Menus subject to change\*

Served Daily: 1tsp Margarine, 8oz Milk

The official registration and financial information of Chester County Department of Aging Services may be obtained from the Pennsylvania Department of State by calling toll free, within Pennsylvania, 1 (800) 732-0999. Registration does not imply endorsement.