


KASC Center Activities – March 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<p>Book Shoppe: M-W 10:00AM-4:00pm TH-S 10:00am-5:00pm</p> <p>Staller Center (Computers) M-F 8:00am-5:00pm except when class or meeting is in session or Center is CLOSED</p> <p>BPS Blood Pressure Screenings * @ Kendal Fitness Center ** @ Crosslands Pool *** @ YMCA</p>		<p>1 8-10 Trevoze (Stlr) 10-12 Alzheimer's Support Group (R) 10-11 Games 11 SilverSneakers 12:30 Sing-A-Long 1-2 Digital Photo (Stlr) 1:30 Scrapbooking</p>	<p>2 6-9 BNI Brkfst (W) 9:30 Line Dancing 9:30 Medicare (Stlr) 10 Bible Study (R) 11 SilverSneakers 12:30 Bingo 1 Gentle Yoga (W) 1-3 YMCA*** NO Tech Help (Stlr) 5-6 ZUMBA 6:30 Line Dancing</p>	<p>3 9 AARP Taxes (S) 9:30 Not Just Quilts (R) 10-12 Water Color Studio Class (W) 11 Tech Help (Stlr) 1 Tech Help (Stlr) 1 SilverSneakers (W) 1-2 AquaCrosslands** 5-9 BINGO</p>	4
5	<p>6 9 Needlework 9:15 Duplicate Bridge (R) 11 SilverSneakers 12:30 Bingo 1 Gentle Yoga (W) 6:30 Weight Watchers (S)</p>	<p>7 9-2:30 AARP Taxes (S) 9 Needlework 9:30 Living History (R) 10:00 Arts & Crafts (W) 12:30 Poker 1-2 AquaKendal* 1-3 YMCA***</p>	<p>8 8-10 Trevoze (Stlr) 10-11 Games 10-11 ROVER (R) 11 SilverSneakers 12:30 Sing-A-Long 1-2 Digital Photo (R) 1-3 Staff Mtg (W) 1-4 Audiologist (Stlr) 1:30 Scrapbooking 4-5:30 OrgDevMtg (R)</p>	<p>9 6-9 BNI Brkfst (W) 9:30 Line Dancing 9:30 Medicare (Stlr) 10 Bible Study (R) 10:30 BPS (W) 11 SilverSneakers 11 Tyler Arkatin 12:30 Bingo 1 Gentle Yoga (W) 1-3 YMCA*** 2 Tech Help (Stlr) 5-6 ZUMBA 6:30 Line Dancing</p>	<p>10 9-2:30 AARP Taxes (S) 9:30 Not Just Quilts (R) 11 Tech Help (Stlr) 1 Tech Help (Stlr) 1 SilverSneakers (W) 1-2 AquaCrosslands** 5-9 BINGO</p>	11
12	<p>13 9 Needlework 9:15 Duplicate Bridge (R) 11 SilverSneakers 12:30 Bingo 1 Gentle Yoga (W) 1 Mindfulness Class 6:30 Weight Watchers (S)</p>	<p>14 TEA PARTY 9-2:30 AARP Taxes (W) 9 Needlework 9:30 Living History (R) NO Arts & Crafts (W) 10 Book Club (Stlr) 1-2 AquaKendal* 1-3 YMCA*** 2-3:30 Tea Party (S)</p>	<p>15 BIRTHDAY LUNCH 8-10 Trevoze (Stlr) 9:30 NewMemOrtn. 11 Entertainment — Kevin Pierce NO SilverSneakers NO Sing-A-Long 1-2 Digital Photo (Stlr) 1 Scrapbooking Demo</p>	<p>16 6-9 BNI Brkfst (W) 9:30 Line Dancing 9:30 Medicare (Stlr) 10 Bible Study (R) 11 SilverSneakers 12-4 AARP Safe Driver 12:30 Bingo 1 Gentle Yoga (W) 1-3 YMCA*** NO Tech Help (Stlr) 5-6 ZUMBA 6:30 Line Dancing</p>	<p>17 8-9:30 Finance (W) 9-2:30 AARP Taxes (S) 9:30 Not Just Quilts (R) 10 ProgramComm(W) NO Tech Help (Stlr) 1 SilverSneakers (W) 1-2 AquaCrosslands** 5-9 BINGO</p> 	18
19	<p>20 9 Needlework 9:15 Duplicate Bridge (R) 11 SilverSneakers 12:30 Bingo 1 Gentle Yoga (W) 1 Mindfulness Class 4-5 Exec Comm Mtg (Stlr) 6:30 Weight Watchers</p> <p>Sunday Dinner With Friends 1-3 R.T.C. Rising Stars</p>	<p>21 9-2:30 AARP Taxes (S) 9 Needlework 9:30 Living History 10:00 Arts & Crafts (W) 11 MemDirMtg (W) 12:30 Ask Your Pharmacist 1-2 AquaKendal* 1-3 YMCA***</p>	<p>22 8-10 Trevoze (Stlr) 10-11 Games 11 SilverSneakers 12:30 Sing-A-Long 1 Digital Photo (Stlr) 1:30 Scrapbooking</p>	<p>23 6-9 BNI Brkfst (W) 9:30 Line Dancing 9:30 Medicare (Stlr) 10 Bible Study (R) 11 SilverSneakers 12:30 Bingo 1 Gentle Yoga (W) 1-3 YMCA*** 2 Tech Help (Stlr) 5-6 ZUMBA 6:30 Line Dancing</p>	<p>24 9-2:30 AARP Taxes (S) 9:30 Not Just Quilts (R) 11 Tech Help (Stlr) 1 Tech Help (Stlr) 1 SilverSneakers (W) 1-2 AquaCrosslands** 5-9 BINGO</p>	25
26	<p>27 9 Needlework 9:15 Duplicate Bridge (R) 11 SilverSneakers 12:30 Bingo 1 Gentle Yoga (W) 1 Mindfulness Class 3:30 Mktg Comm (R) 6:30 Weight Watchers (S)</p>	<p>28 7:30-9 BOD (W) 9-2:30 AARP Taxes (S) 9 Needlework 9:30 Living History 10:00 Arts & Crafts (W) 10:30-2:00 Audiologist (Stlr) 11 Ted's Piano 12:30 Matt Jones - Nutrition Talk 12:30-2 Poker 1-2 AquaKendal* 1-3 YMCA***</p>	<p>29 8-10 Trevoze (Stlr) 10-11 Games 11 SilverSneakers 12:30 Sing-A-Long 1 Digital Photo (Stlr) 1:30 Scrapbooking</p>	<p>30 6-9 BNI Brkfst (W) 9:30 Line Dancing 9:30 Medicare (Stlr) 10 Bible Study (R) 11 SilverSneakers 12:30 Bingo 1 Gentle Yoga (W) 1-3 YMCA*** 2 Tech Help (Stlr) 5-6 ZUMBA 6:30 Line Dancing 7-9:30 PINOCHLE (W)</p>	<p>31 9-2:30 AARP Taxes (S) 9:30 Not Just Quilts (R) 11 Tech Help (Stlr) 1 Tech Help (Stlr) 1 SilverSneakers (W) 1-2 AquaCrosslands** 5-9 BINGO</p>	

Calendar activities subject to change due to unforeseen circumstances.